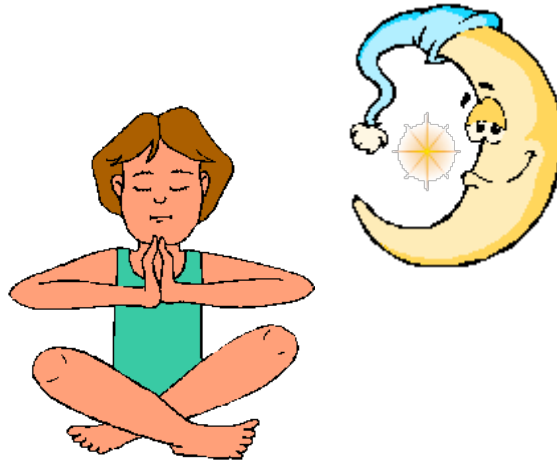


★“Yoga Pajama-Party”★  
Yoga for Kids (ages 3-7)



**Friday March 28<sup>th</sup> 7:30-8:15pm**

**\$12 PER CHILD**

**WEAR YOUR PAJAMAS TO A YOGA PAJAMA-PARTY!**

**RELAXING AND GENTLE YOGA POSES ALONG WITH CALMING BREATHING AND VISUALIZATION TECHNIQUES WILL SOOTHE YOUR CHILD BEFORE BEDTIME. BRING A BLANKET, PILLOW, AND YOUR FAVORITE STUFFED FRIEND. MILK AND COOKIES WILL BE SERVED AFTER CLASS.**

**SWEET DREAMS TO FOLLOW.... FOR KIDS AGE 3-7.**

**Kula Community Yoga Center  
400 S. 823 E. 2<sup>nd</sup> floor**

**Reserve your spot today: [yogamonkeys@yahoo.com](mailto:yogamonkeys@yahoo.com)  
Melissa Hallenbeck 541.0090**